

Lórien Dreams

Created by Gandalf | January 20, 2026

Beginner | Total: 5h 40m | Gluten Free | Nut Free

Strain Information

Strain: Powdered Donuts

Type: Indica

THC: 32.9%

CBD: 0.0%

Amount Used: 7.0g

Total Terpenes: 3.19%

Caryophyllene: 1.13%

Limonene: 0.64%

Myrcene: 0.37%

Humulene: 0.31%

Linalool: 0.25%

Ocimene: 0.23%

Bisabolol: 0.18%

Pinene: 0.08%

Dosage Information

Dosage per Serving: 31.3mg THC

Servings: 70

Expected Onset: ~45 minutes

Proceed with caution - medium strength dosage

Decarboxylation

Method: Sous vide

Temperature: 203°F

Time: 100 minutes

Infusion

Method: Sous vide infusion

Medium: Mct oil

Temperature: 185°F

Time: 240 minutes

Notes: You will be doing this 2-3x. Once the initial infusion is done, let it cool then freeze it for 1-2 hours. Repeat this 2-3x. Make sure to swirl/mix every hour or so when infusing.

Ingredients

1. 10oz Ghirardelli Milk Chocolate
2. Candy Molds
3. Oil from infusion

Equipment & Tools

- Sous Vide

Instructions

For all steps: Massage and mix occasionally during all of this.

1. Pour oil over chocolate in sous vide bag and seal.
2. Heat chocolate and oil to 115F for 30 minutes.
3. Drain/exchange water/add ice to drop the bath temp to 81F and massage the bag.
4. Once at 81F, set Sous Vide temp to 90.
5. Once at 90, let it hold for at least 30 minutes (if you don't it will come out grainy).
6. Snip corner, pipe into chocolate molds.

Tips:

1. If you run out of mold space you can put the chocolate back into the bath (just don't get water in it).
2. If you have little bits that solidified while you waited for the others to finish, you can microwave the sous vide bag VERY quickly in 10 second bursts to remelt what's in the bag to make it easier to work with.

Safety Disclaimer

Start with a low dose and wait at least 2 hours before consuming more. Effects vary by individual. Keep all edibles clearly labeled and stored away from children and pets. Fellowship of the Fork is not responsible for individual reactions.

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