

Everbalm Micro-Dose Gummies

Created by hearthreviewer | August 01, 2026

Intermediate | Prep: 25m | Total: 2h 55m | Gluten Free | Dairy Free

Strain Information

Strain: Everbalm CBD

Type: Cbd dominant

THC: 6.0%

CBD: 14.0%

Amount Used: 1.0g

Total Terpenes: 1.40%

Caryophyllene: 0.80%

Myrcene: 0.60%

Dosage Information

Dosage per Serving: 1.4mg THC

Servings: 40

Expected Onset: ~35 minutes

Decarboxylation

Method: Oven

Temperature: 240°F

Time: 35 minutes

Infusion

Method: Direct addition

Medium: Coconut oil

Temperature: 160°F

Time: 30 minutes

Ingredients

1g decarbed flower

1/4 cup coconut oil

1 cup apple juice

3 tbsp gelatin

Instructions

Decarb, infuse into coconut oil, whisk into warm juice and gelatin, then pour into silicone molds and chill for 2 hours.

Creator's Experience

Barely-there body calm. Very easy to titrate.

Tips & Warnings

Start with one gummy and wait two hours.

Safety Disclaimer

Start with a low dose and wait at least 2 hours before consuming more. Effects vary by individual. Keep all edibles clearly labeled and stored away from children and pets. Fellowship of the Fork is not responsible for individual reactions.

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