

Bramblewood Herb Compound Oil

Created by hearthreviewer | August 01, 2026

Beginner | Prep: 20m | Total: 3h 30m | Vegan | Gluten Free | Dairy Free

Strain Information

Strain: Hearthside Sunrise

Type: Sativa

THC: 21.0%

CBD: 0.5%

Amount Used: 2.0g

Total Terpenes: 1.90%

Limonene: 0.90%

Pinene: 0.60%

Myrcene: 0.40%

Dosage Information

Dosage per Serving: 12.3mg THC

Servings: 30

Expected Onset: ~50 minutes

Decarboxylation

Method: Air fryer

Temperature: 240°F

Time: 30 minutes

Infusion

Method: Sous vide infusion

Medium: Olive oil

Temperature: 185°F

Time: 180 minutes

Ingredients

2g decarbed flower

2 cups olive oil

4 sprigs rosemary

2 cloves garlic

Instructions

Decarb in the air fryer, vacuum-seal with olive oil and herbs, hold at 185F for three hours, then strain and refrigerate.

Creator's Experience

Mild and functional — mostly used for savory dishes.

Tips & Warnings

One tablespoon per serving keeps the dose predictable.

Safety Disclaimer

Start with a low dose and wait at least 2 hours before consuming more. Effects vary by individual. Keep all edibles clearly labeled and stored away from children and pets. Fellowship of the Fork is not responsible for individual reactions.

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